



MUSIC HELPING CHILDREN

Annual Report and Accounts

2021 - 2022



Inception

Jessica George was nine years old when she was diagnosed with an inoperable brain tumour. Jessie's Fund was established to meet the cost of extra treatment, but this bright and musical child died less than six months after her diagnosis, before she had been able to begin the treatment.

Jessie's Fund was registered as a charity in 1995, with the aim of enabling children with life-limiting illnesses or serious disabilities to be heard and supported through the language of music. Our UK-wide provision of interactive music-making and music therapy gives a voice to children who struggle to communicate.



Mission

- ◆ To enable children in children's hospices and hospitals in the UK to access music therapy, by establishing posts for music therapists and providing appropriate musical instruments;
- ◆ To help children in special schools and hospitals to participate in creative musical activities, by offering the expertise of specialist professional musicians;
- ◆ To train staff working with children who have complex medical needs or special educational needs and disabilities to use music as a tool for learning and communication.

The Trustees have given due consideration to the Charity Commission's published guidance on public benefit when setting the charity's aims.

Jessie's Fund follows the Charity Governance Code, ensuring a high quality of governance, and is registered with the Fundraising Regulator.

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Chair's welcome

Harry Potter fans will be familiar with Professor Dumbledore's view of music. Wiping his eyes as he speaks, the Headmaster of Hogwarts School of Witchcraft and Wizardry says "Ah, music. A magic beyond all we do here!" For children not to be able to express themselves in the usual way – to speak, sing, shriek with joy, cry in distress – is unthinkable to those of us who can do all those things, and whose children and grandchildren can do likewise. Yet there are hundreds of children, many with life-limiting illnesses, who can't do any of those things. For them, the magic, and the potential, of music is huge. The sole purpose of Jessie's Fund is to use that magic to draw these children out, to bring joy into their lives, and to reach the parts that others can't reach. We know it works, and you will find in this Report much moving testimony to that effect.

Like all charities, the pandemic faced us with enormous challenges in continuing our work, and in generating the funds to support it. As this Report shows, we have come through in a remarkably healthy condition, and, thanks to the inventiveness of our staff, we have learned that, in certain limited circumstances, there may even be some strengths in working online – our YouTube videos have been viewed over 12,000 times. But face-to-face contact will always be at the heart of our work. The restrictions on such contact were bad for everyone's mental health – we are of course essentially social beings – but how much worse must they have been for 'our' children, many of whom will not have understood what was happening and why, and who could not properly express their frustration, and their perplexity.

When you read this Report, I think you, like me, may be especially moved by what parents of children who have benefited from our work have to say about the effect that music therapy has had on their children. Those of us who serve on the Board of Jessie's Fund feel privileged to play a small part in enabling this vital work to happen. But we have felt that we needed input from the parents of the children we work with, and those who teach them – hence our new parent-teacher panel, whose insights and wisdom now inform our work.

This year has been especially challenging for Board members, as our much loved and respected founder-director, Lesley Schatzberger – mother of the eponymous Jessie – has announced her intention to step down. This has faced us with the immensely difficult task of finding someone to succeed her – someone who, while respecting the mission and history of the Fund, will of course bring their own vision to the role. We will announce the name of the new Executive Director later this year and we will make sure that our supporters are amongst the first to learn the outcome of this process.

To end as I began, with the wisdom of Albus Dumbledore. These are in many respects dark times. But, Dumbledore advises "Happiness can be found, even in the darkest of times, if one only remembers to turn on the light." Jessie's Fund seeks to turn on the light for the children with whom we work, and I hope you will appreciate this account of our efforts.

Steven Burkeman
Chair

20 October 2022



The language of the world

“ *What is music to you? What would you be without music? Music is everything. Nature is music (cicadas in the tropical night). The sea is music, the wind is music. The rain drumming on the roof and the storm raging in the sky are music. Music is the oldest entity. The scope of music is immense and infinite. It is the ‘Esperanto’ of the world.* ”

Duke Ellington

There are estimated to be around 7,000 languages in use on our planet, and, in hope of bringing more global unity, a Polish doctor decided to create yet another towards the end of the 19th century. Ludwig Lejzer Zamenhof already spoke 13 languages when he started to create Esperanto, which was intended to be a language which would facilitate communication for people from anywhere in the world. But did that common language already exist? Duke Ellington claimed that it did, in the form of music, and it is unlikely to surprise you that all of us at Jessie's Fund agree with him.

Whilst Esperanto barely survives in the 21st century, music will always provide a means of expression beyond verbal language. This is why it is so important for children who may not be able to speak to have access to the expressive qualities of music. Thus, we have the life and purpose of Jessie's Fund.



Lilly's story

Supporting children through one-to-one music therapy

(All names in our stories have been changed for reasons of confidentiality)

Lilly is a five-year-old who has an extremely rare syndrome which causes very low muscle tone, learning difficulties, and limited speech ability. Her mother gave up work in order to look after Lilly, which meant that the family budget was challenged. Jessie's Fund stepped in so that Lilly's verbal communication, motor skills, and concentration could be developed through music.

Although she was initially reticent in her music therapy sessions, it did not take long before she became more relaxed, began to explore instruments, and took turns in creative play. Soon she was verbally filling in the gaps purposefully left in the music therapist's songs, first with just a word, and then with two, when the gaps were longer.

“ *As sessions continued, Lilly became increasingly verbal both in and outside of the music. She expressed many different signs of positive social communication during our sessions together, including much direct eye-contact, verbally directing the shared-play, smiling and laughing with the therapist. Eventually, Lilly was telling the therapist to come and sit beside her up on the sofa.* ”

Lilly's music therapist

Lilly favours movement using her left arm. The therapist introduced structured songs that encouraged her to raise both arms high, wide, and low. Soon Lilly was beginning to use both arms, and she was also more interactive with playing her instruments with both hands.

“ *Music therapy has done so much for Lilly's social skills and undoubtedly helped to propel her receptive language and early vocalisations. We have worked hard to progress her speech as best we can, and we are sure that a further group of music therapy sessions at this developmental stage will help Lilly to make another leap in her expressive speech.* ”

Lilly's mum

Lilly is one of 36 children for whom we have paid for a total of 497 music therapy session during the year, bringing us closer to our pre-pandemic levels of around 650 sessions over 12 months. The families we support would be unable to pay for music therapy without our help, and always express their deep gratitude.

Ingrid's story

Music therapy in children's hospices

Ingrid was first referred for music therapy during lockdown. Ellie, the music therapist at Ellenor Hospice, where Jessie's Fund originally helped set up the music therapy service in 2003 and more recently offered further support, worked with Ingrid online. After Ingrid required more hospital treatment, the family asked for sessions online again, so that the whole family could make music together at home.

These online music therapy sessions have highlighted the strong connection Ingrid, who is non-verbal, has with her family, whilst they are sharing the session together, facilitated by Ellie from the screen.

“ *I would recommend music therapy to anyone in our situation. ... Music therapy gives her something to look forward to. It's a way to express herself, but not by talking to doctors and nurses. It's not clinical. **”***

Parent, Ellenor Hospice

Jessie's Fund was founded with the prime aim of giving children in hospices access to music therapy. Since then, we have spread our wings and also work in many other settings, but our commitment to help children in hospices remains strong. Though we have now helped most children's hospices to establish their music therapy services, they still turn to us from time to time to ask for further assistance. This year we have supported children's hospices in Essex, London, Yorkshire and Wales. We also provide indirect support in the form of regular networking meetings for children's hospice music therapists and access to staff training in music-making.



“ *Each session is a unique and inspiring experience – child-centred and fully respecting their current state of health and medical needs, but always giving them a voice or opportunity to express themselves in whatever way. Seeing our child 'sing' with Anouska or play a rattle in time with a song was magical. **”***

Parent, Alexander Devine Children's Hospice Service

Joseph's story

Music therapy for children in hospitals

Joseph is a young teenager with very serious and complex health and communication needs. His physical movement is extremely limited, with his ability to blink being the only independent movement he can make, which he uses to communicate. He does not have expressive language but can sometimes make vocal sounds during exhalation, and occasionally even giggles. He loves a wide range of music, and often has music playing in his room.

As a paediatric patient at a northern hospital, Joseph has access to music therapy – thanks to Jessie's Fund. Because of his very complex needs, Joseph almost never leaves his bedroom apart from visits to the hospital, so the music therapist visits him at home. For Joseph and his family, music therapy is a major priority; it is an intervention that has real meaning and quality for them all. It is hugely important for Joseph's emotional well-being and an opportunity for him to socialise and communicate. It is also helping the family to process their sense of sadness and loss in relation to Joseph's terminal illness.

“ *Even when he is tired he is consistently very focused on what is happening and looks like he's concentrating. During one of his sessions, Joseph started vocalising himself. During the following week, everyone commented on how much more vocal Joseph was when he was happy. Some of his noises were pretty loud! I feel that something in the mix is stimulating Joseph's brain in a particular way and helping him remember or make new connections. Amazing. **”***

Parent

Music therapy for children in hospitals (cont.)

After a break of almost two years, due to limited access to hospitals during the pandemic, this year we were delighted to be able to re-establish music therapy services at York Hospital and at the Great North Children's Hospital, Newcastle.

“ *Clare has made a huge impact with the children, their parents and staff on the wards, as well as our own Bridges staff team. She has worked with children from the age of four to sixteen. Everyone involved has engaged so well with her, and they have had such fun participating in the activities. **”***

Extract from a Bridges School newsletter (Great North Children's Hospital)

This year saw the completion of our pilot project bringing music therapy to newborn babies in neonatal intensive care at University College Hospital, London (UCLH). As well as supporting development and attachment of around 100 tiny babies, music therapy provided an opportunity for creating many treasured memories. In particular, music therapy was beneficial for those whose infant had had a particularly challenging start to life – for example due to brain injury, requiring ventilation or heavy sedation. Music therapy provided time for families to focus on being together. During sessions, parents could focus on their baby as a whole, and this may be one of the few things in the care of their infant that they were able to do which felt positive and ‘normal’. Due to the success of the pilot project, UCLH will continue to provide at least a day’s music therapy per week for neonatal babies, delivered in partnership with Noah’s Ark Children’s Hospice.

Jennie's story

Our training courses

For a second year, we ran our Making Music with Special Children courses online and, despite the fact that playing music together remotely is almost impossible, our adaptations of the course content meant that the feedback we received was as positive as ever. The course is designed to give staff who work with children with special needs the skills required for leading interactive music sessions.

Most participants have no previous training in music, but Jennie is a young music student aiming for a career helping children with special needs. She attended both an online course and the intensive face-to-face training day we ran for five participants in November 2021.

Soon after attending the November training day, Jennie told us that she had led her first ever class music workshop in a special school. Everything which had been covered by our training course helped Jennie to lead a thoroughly successful session. She reported that the teachers who had been working with the students for years couldn't believe that every single student stayed for the whole hour of the workshop, and every single student was fully engaged and managed to clap back some very complex rhythms.

“ *Thank you again for putting on such a wonderful training session through Jessie's Fund. The things I learned through the online and in-person workshops have been invaluable for developing my skills as a music practitioner. I can't wait to try out some more ideas from the workshops in other settings in the future! **”***

Jennie

101 people attended our courses between January 2021 and March 2022. Although a face-to-face course is superior to one delivered remotely in almost every way, the remote courses had the advantage of being able to engage more than twice as many people as the in-person courses which we ran prior to 2020.



Music in special schools

2021 – 2022 started slowly as the whole of the UK eased out of lockdown. For the majority of the first term, we continued to deliver creative music-making sessions online, engaging children and young people via live video link and through our specially created, pre-recorded content on YouTube. These 20 minute interactive sessions were specifically designed for the needs and processing times of sensory learners, and made freely available for all. We are delighted that they have been used extensively in classrooms and homes across the country. Over the course of the year, our YouTube online sessions were viewed 12,206 times.

We finally managed to transition tentatively to face-to-face working in June. It was brilliant to see the responses of the children and young people once more, and staff told us how much they had missed face-to-face interactions.

“ *The children who find it difficult to engage in routine and social events really enjoyed listening and feeling the music and vibrations. We enjoyed seeing the children relax and join in. Thank you for helping to give our children an experience they will never forget.* **”**

Charlotte Kelly, Teaching Assistant, Springside Primary School

Delivering music sessions to children and young people with life-shortening illnesses and additional needs in their schools has never felt more important. During the government mandated lockdowns, we frequently heard how damaging the lack of provision for children and young people with disabilities and additional needs had been on their physical and mental health. We knew that nothing could beat working back in the classroom again. We therefore persisted despite some projects needing to be rescheduled multiple times. By the end of the year, we had finally delivered, or scheduled, all the projects wiped from the diary in March 2020.

The overarching aims and structures of our projects has remained constant, as at every review point we have been told of the effectiveness of our one-day taster sessions, five-day mini residency and year-long staff development programmes. All projects are tailored to suit the needs of the children, staff and parents with whom we are working. They are planned to both create opportunities in which children and young people can express themselves, and to transfer skills and build confidence in creative music making in the adults surrounding them.



This year also saw the inaugural meeting of our parent-teacher panel. Established to ensure we keep the voice and experience of the children and young people we serve at the heart of what we do, the insights and guidance of our panel members has been invaluable.

Our diary for 2022-2023 is looking full, and we are really pleased that we will not only be back in the classroom but also able to restart our family learning sessions. These projects train staff and parents of very young children in creative music-making, and provide a safe and joyful environment for social interaction – something that is often lacking for preschool children with special needs.

Supported projects delivered by partners

The Speech, Sign and Song Club is a small charity working with young children who need extra help with social and communication skills. Many of the children have diagnoses such as Autistic Spectrum Disorder or Downs Syndrome. These children find it difficult to access other community groups due to their problems, which usually involve impaired concentration skills and emotional or behavioural issues. The Club's music sessions are designed to provide a motivating and enjoyable experience, whilst helping to develop the children's social and communication skills.

This year, we have supported 17 organisations like the Speech, Sign and Song Club in delivering creative music projects or music therapy. Six of these are special schools, five are music organisations, and the remaining six are groups helping children with special needs with a range of support. Most spent the year trying to rebuild the momentum which was lost during the pandemic.

“ *We cannot thank Jessie's Fund enough for providing our children (and staff) with this wonderful experience at the end of a highly challenging year which has been emotionally and educationally disruptive for all concerned. Our music therapy sessions helped us unite as a group and helped all pupils regain their sense of belonging, some after almost a year away from school.* **”**

Laura Burling, Saxon Wood Special School

Beyond this year

In common with many other organisations, we are still in the process of building up to our pre-pandemic levels of activity. By March 2022, we were beginning to feel closer to 'normality', but it is easy to forget that we were almost halfway through the year before we could get back to any face-to-face work. Additionally, a few months after restrictions were lifted there was once again a Covid-19 spike, with a good number of the projects which we had scheduled having to be postponed.

Next year, we will continue to develop all the strands of work described in the previous pages, always learning from feedback which we receive, and from our monitoring processes. Training courses will be delivered in a 'hybrid' model for the first time, with one day in-person and two online elements.

Our small office team will see a significant change next year, when we appoint a new Executive Director, and our current director will step aside. Her future involvement with the charity will be as Founder.

Nothing would be possible without the greatly appreciated support of many people, whether individuals, groups, companies, or charitable trusts. Here we list only the trusts which are happy for us to thank them publicly, but we are grateful to every single supporter or supporting organisation for joining us in the belief that music can transform the lives of children and young people.

Arimathea Charitable Trust
Arnold Clark Community Fund
Baily Thomas Charitable Fund
Caetani Howard Trust
Girdlers' Company Charitable Trust
Highfields Trust CIO
John Horniman's Children's Trust
Lake House Charitable Foundation
Martyn Donaldson Music Trust

Shears Foundation
Sylvia and Colin Shepherd Charitable Trust
The ARN Foundation
The Barbour Foundation
The E J B Charity
The Girdlers' Company
The Joyce Fletcher Charitable Trust
The Victoria Wood Foundation
Youth Music

Policies

Governing document

Jessie's Fund's governing document is a Deed of Trust authorised by the Charity Commission on 25 March 1995 and amended on 15 February 2013 and on 30 June 2021.

Organisational structure

The Board of Trustees has overall responsibility for the charity. The minimum number of Trustees as set out in our governing document is four, each engaged for a five-year term of office. On 31 March 2022 there were seven Trustees. Trustees may offer themselves for re-election on completion of their term of office. There is an additional Advisory Board of two people and an Honorary Treasurer. The daily running of the charity is contracted out to the Director, the Director of Learning, the Administrator and the Projects Assistant.

Appointment and induction of trustees

Appointment of trustees is by advertisement or invitation: emphasis is placed on relevant expertise. Our trustees' areas of expertise include:

- ◆ medicine
- ◆ mental health
- ◆ disability
- ◆ music
- ◆ law
- ◆ voluntary sector
- ◆ fundraising

Newly appointed trustees are given induction packs, including a copy of our governing document and a guide to the responsibilities of trustees. They also spend time being thoroughly briefed by the Director. They are shown videos of our work with children and invited to observe, and even take part in, our music-making training courses.

Risk management

The Trustees have considered the risks affecting the organisation, particularly those concerning the flow of funds to meet the programme and the importance of key persons. The Trustees have a risk management strategy which comprises:

- ◆ an annual review of the risks and uncertainties that the charity faces;
- ◆ the establishment of policies, systems and procedures to mitigate those risks identified in the annual review;
- ◆ the implementation of procedures designed to minimise or manage any potential impact on the charity should those risks materialise;
- ◆ a reserves policy.

Reserves policy

It is the Trustees' policy to designate funds to cover planned commitments for future charitable activities. The charity is dependent on grants, donations and fundraising events for its income, which is subject to fluctuating economic circumstances. To ensure that Jessie's Fund will be able to implement its planned commitments, we maintain an emergency operating reserve to meet core operating expenses in adverse financial conditions.

The Trustees have reviewed this policy and the required commitments in the light of the charity's current and forecast programme, and have decided that the appropriate range for the emergency operating reserve is £45,000 to £65,000. The lower figure would be sufficient to enable the implementation of charitable projects as designated for approximately one year in the event of a 50% drop in forecast income. This would allow time for reorganisation and re-establishment of income streams without impact on the planned programme. The higher figure would provide insurance against a sharper drop in income or a longer recovery period.

The emergency operating reserve also provides cover for unforeseen operational emergencies, such as additional staff in the event of long-term sickness absence of a member of the charity's small administrative team. In addition to the emergency operating reserve, the charity needs to fund working capital and to have enough funds available to expand its overall programme of work.

At 31 March 2022, the unrestricted, undesignated reserves amounted to £132,671, which includes our emergency operating reserve.

As the world continues to face uncertainty and funding for the charitable sector is potentially volatile, we are happy to hold reserves in excess of our usual policy to ensure the continued provision of our services.

Grant-making policy

Jessie's Fund has an ongoing commitment to award grants to projects which meet our criteria as set out in our statement of objectives. We have adopted the following process for awarding grants:

- ◆ an annual budget is allocated for grants;
- ◆ all requests for grants of over £1,000 are considered by trustees at three meetings per year;
- ◆ trustees have delegated responsibility for approval of grants below £1,000 to the administrative team (Director and Administrator) where appropriate;
- ◆ where a grant applicant is unsuccessful we endeavour to provide constructive and helpful feedback.



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Treasurer's Report

In spite of the challenges of recent years, Jessie's Fund's financial position is healthy and support has continued for music therapy in general, music therapists in children's hospices and the Jessie's Fund programme in Special Schools. We closed the year with a surplus of £47,315 and total reserves as of 31st March 2022 of £339,650. Of these reserves, £36,304 is restricted funds for specific projects. We have designated £170,675 for our committed charitable activities in the new financial year: the Special Schools programme, the Hospitals project, and music therapy in children's hospices, as well as grants for individuals. Our unrestricted undesignated reserves of £132,671 include our emergency operating reserve (for policy details see page 14).

Fundraising activities have been limited again this year; nevertheless, events and merchandise sales have raised more than £19,000. Between periods of restrictions, more than £15,000 was raised from wonderful events that included a concert by the Academy of St. Olave's in York (directed by our Trustee Alan George, with our Director Lesley Schatzberger as soloist), a 'virtual' marathon, Messiah conducted by Trevor Pinnock and a wine-tasting evening expertly guided by Stuart Calder, which also featured Jasper Rees, Victoria Wood's biographer, who shared insights about our late patron.

Jessie's Fund relies on income from voluntary donations and on grants from trust funds. Income from Friends of Jessie's Fund and many other supporters was nearly £100,000 over the year, with Gift Aid tax refunds bringing an additional £14,759. Generous and unexpected legacies have brought Jessie's Fund welcome income of over £90,000 this year.

Grant income from trust funds has remained healthy and is up slightly on last year, at a little under £65,000. This, in particular, is testament to the hard work of the Director and her colleagues.

The Music Therapy in Hospitals programme has resumed this year, and we spent £63,364 providing the Jessie's Fund Programme in Special Schools, despite activity still being severely impacted by the pandemic. Expenditure on music therapy in children's hospices, at £39,273, is a little lower than last year, when we supported some hospices with 'rescue' funding during lockdown. We were able to increase the level of grants we awarded to other organisations and individuals to nearly £86,000.

Jessie's Fund is run by a small York-based team whose achievements are extraordinary and whose commitment is apparent in every aspect of their work. They are supported by Trustees who bring so much expertise and are always ready to give advice and guidance.

Sally Brabyn
Honorary Treasurer

20 October 2022



Statement of Trustees' Responsibilities

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards. The law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources of the Charity for that period. In preparing these financial statements, the Trustees are required to:

- ♦ select suitable accounting policies and apply them consistently;
- ♦ observe the methods and principles of the Charities SORP;
- ♦ make judgements and estimates that are reasonable and prudent;
- ♦ state whether applicable accounting standards have been followed, subject to any departures disclosed and explained in the financial statements;
- ♦ prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. The Trustees are responsible for the maintenance and integrity of the Charity and financial information included on the charity's website.

Independent Examiner's Report to the Trustees of Jessie's Fund

I report to the trustees on my examination of the accounts of Jessie's Fund for the year ended 31 March 2022, which are set out on pages 20 to 35.

This report is made solely to the Charity's Trustees, as a body, in accordance with Section 154 of the Charities Act 2011. My independent examination work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an Independent Examiner's Report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body, for my independent examination work, for this report, or for the opinions I have formed.

Responsibilities and basis of report

As the charity trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act'). I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

Since the Trust's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

A. C. Rodaway, FCA, BFP, DChA
HPH, Chartered Accountants
54 Bootham, York, YO30 7XZ

20 October 2022

Statement of Financial Activities for the year ended 31 March 2022

	Note	2022		2021	
		£ Unrestricted	£ Restricted	£ Total	£ Total
Income from:					
Donations and legacies	2a)	211,688	58,086	269,774	233,615
Other trading activities	2b)	19,038	-	19,038	14,272
Investment	2c)	1,927	-	1,927	4,161
Charitable activities	2d)	9,782	-	9,782	150
Total income		242,435	58,086	300,521	252,198
Expenditure on:					
Raising funds	3	21,635	-	21,635	21,274
Charitable activities	3	188,824	42,747	231,571	230,749
Total expenditure		210,459	42,747	253,206	252,023
Net income for the year		31,976	15,339	47,315	175
Funds brought forward at 1 April 2021		271,370	20,965	292,335	292,160
Funds carried forward at 31 March 2022		303,346	36,304	339,650	292,335

Balance Sheet as at 31 March 2022

		£	£
	Note	2022	2021
Fixed Assets			
	9	707	945
Current Assets			
Stock	10	2,359	1,841
Debtors	11	7,043	5,769
Cash at bank and in hand		351,114	301,145
		360,516	308,755
Creditors: amounts falling due within one year			
Accruals and deferred income	12	21,573	17,365
Net Current Assets		338,943	291,390
Total assets less current liabilities		339,650	292,335
Total Net Assets		339,650	292,335
The Funds of the Charity			
Unrestricted - designated	15	170,675	144,762
Unrestricted - undesignated		132,671	126,608
Restricted	14	36,304	20,965
	13	339,650	292,335

Approved by the Board of Trustees on 20 October 2022 and signed on their behalf by:

Steven Burkeman (Chair)

Nancy Maguire (Co Vice Chair)

www.jessiesfund.org.uk

Notes to the financial statements for the year ended 31 March 2022

1 Accounting policies

a) Basis of Accounting

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the relevant version of the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The Trustees have a reasonable expectation that the Charity has adequate resources to continue in existence for the foreseeable future. They continue to believe the going concern basis of accounting is appropriate in preparing the financial statements.

Jessie's Fund meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

b) Depreciation policy

Depreciation is provided on all tangible fixed assets in use at rates calculated to write off the cost or valuation, less estimated residual value, of each asset over its expected useful life, as follows:

Office equipment – at 25% reducing balance

Computers – at 25% reducing balance

Music equipment – at 25% reducing balance

We do not capitalise any item under £150 value on purchase.

c) Stocks and work in progress

Stocks are valued at the lower of cost or net realisable value.

d) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid after taking account of any trade discounts due.

e) Cash at bank

Cash at bank and cash in hand includes cash and any short term deposit accounts with a maturity of three months or less from the opening date.

f) Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

g) Income

Interest receivable is accounted for on an accruals basis.

Gift Aid is included based on amounts recoverable at the accounting date.

Donated services are only included in incoming resources where another party is bearing the financial cost of the resources supplied and the benefit is quantifiable, receivable and material. Donated services are valued at the lower of the cost borne by the party bearing the cost and a reasonable estimate of the value of the donation to the Charity.

A legacy is regarded as received when it has become reasonably certain that the legacy will be received and the value of the incoming resource can be measured with sufficient reliability.

Voluntary income arising from events, principally sponsorship, is recognised in the period which the event takes place.

Grant income is recognised when the Charity is entitled to receipt.

Other income is accounted for in the year in which it was received.

h) Funds

The charity's funds consist of restricted and unrestricted amounts as shown in the Statements of Financial Activities.

Unrestricted funds may be used at the trustees' discretion in furtherance of the charity's objects. Restricted funds may only be used in accordance with the donors' wishes as shown in note 14.

i) Expenditure

Grants payable are accounted for in the year in which the grant was paid. All expenses are accounted for on an accruals basis. Direct costs are allocated to the key strategic areas of activity.

- Costs of generating funds are those costs incurred in attracting voluntary income, and those incurred in trading activities which raise funds.
- Charitable activities are those activities which are undertaken to meet our charitable objectives.
- Support costs include management functions and have been allocated to key strategic areas of activity on a basis consistent with the use of resources.
- Governance costs include those incurred in the governance of the charity which relate to the strategic running of the charity and its assets, and are primarily concerned with constitutional and statutory requirements. These are distinct from costs associated with fundraising or charitable activity.

j) Taxation

Jessie's Fund is a registered charity and is generally exempt from tax on income and gains. The charity is not registered for Value Added Tax.

2 Income from:**a) Donations and legacies**

	2022	2021	
	Unrestricted	Restricted	Total
	£	£	£
Friends' subscriptions	18,603	-	18,603
Miscellaneous donations	54,762	12,311	67,073
In Celebration & In Memoriam donations	13,817	-	13,817
Legacies	90,557	-	90,557
Grants from Trusts and Statutory Grants	19,190	45,775	64,965
Gift Aid tax refunds	14,759	-	14,759
Donated services	-	-	-
Total income from donations and legacies	211,688	58,086	269,774
			233,615

The Charity also benefits from the involvement and enthusiastic support of a small number of volunteers who help with administration, on an ad hoc basis. In accordance with Charities SORP, the economic contribution of general volunteers is not recognised in the accounts.

b) Other trading activities

Fundraising events	15,145	-	15,145	10,460
Merchandise income	3,893	-	3,893	3,812
	19,038	-	19,038	14,272

c) Investment income

Interest received on cash deposits	1,927	-	1,927	4,161
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d) Charitable activities

Jessie's Fund programme in Special Schools	6,549	-	6,549	150
Hospitals Project	1,283	-	1,283	-
Training courses	1,950	-	1,950	-
	9,782	-	9,782	150

Total income

242,435	58,086	300,521	252,198
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In 2021 the only restricted income was £42,848 in donations and legacies.

3 Expenditure on:

Expenditure on:

Charitable activities	Direct activity	Grant funding	Support	Total	Total
	undertaken	of activities	costs	2022	2021
	£	£	£	£	£
Music therapy / creative music projects/research	-	49,647	6,962	56,609	42,566
Music therapists in children's hospices	34,500	-	4,773	39,273	53,590
Music therapy - individuals	-	22,400	5,967	28,367	24,185
Jessie's Fund programme in Special Schools	54,096	-	9,268	63,364	58,797
Hospitals creative project	3,424	-	5,967	9,391	25,191
MT in hospitals training and general expenses	9,104	-	-	9,104	-
Instruments	-	-	-	-	800
Governance	-	-	13,452	13,452	14,055
Training courses and workshops	5,050	-	6,961	12,011	11,565
	106,174	72,047	53,350	231,571	230,749
Total expenditure	113,367	72,047	67,792	253,206	252,023

Charitable activities totalling £42,747 (2021: £32,378) were allocated to restricted funds.

Analysis of support costs

Charitable activities	Costs of	Total	Total
	raising funds	2022	2021
Staffing	41,682	10,420	52,102
Information resources & staff training	-	669	669
Trustee expenses	449	-	449
Accountancy and legal fees	3,553	-	3,553
Other support costs	7,547	3,234	10,781
Depreciation and loss on disposal	119	119	238
	53,350	14,442	67,792
			77,380

4 Direct charitable grants

Direct grants, for music therapy unless otherwise stated, were made from unrestricted funds as follows:

	£
Apex Music Centre	1,980
Bettridge School	4,000
Billy and Andy's Music School (musical instruments)	1,620
Carousel (creative music project)	2,400
Cashmore Early Years Centre (musical instruments)	250
Chertsey Nursery School	2,400
Collingwood School (musical instruments)	1,300
Dorking Nursery School	2,400
Gallions Primary School	2,340
Gosden House School	3,960
In Deep	2,500
Kings Mill School	4,000
Leavening Community Primary School	500
Marches Family Network (creative music project)	1,060
Music Well (for Flagship School)	4,000
Saxon Wood School	4,000
SEN-den CIC	1,500
Soundcastle (creative music project)	2,500
Speech, Sign and Song Club (creative music project)	3,837
Stocksbridge Junior School (musical instruments)	600
Valley Daffodils (musical instruments)	500
Victoria Kammin (research in partnership with Martin House)	2,000
Total direct grants	49,647

5 Human Resources

Administration is contracted out to L. Schatzberger (Director) and to K. Kadow (Administrator).

Management of the programme in special schools is contracted out to B. Koerber and schools' project administration is contracted out to L. Williams.

6 Trustees

No Trustee has received any remuneration during the year. Trustees' travel and other expenses were paid or reimbursed to the trustees, amounting in the year to £448.56. (Expenses reimbursed to the trustees in 2020: £nil.)

7 Audit and accountancy fees

	2022	2021
Independent Examination	£ 2,653	£ 3,104

8 Donated services

Donated services received were as follows:

	2022	2021
Accountancy services	£ -	£ 674

9 Tangible fixed assets

	Office equipment	Computers	Music equipment	Total
	£	£	£	£
Cost				
To 1 April 2021	4,314	9,677	2,720	16,711
Additions				
At 31 March 2022	4,314	9,677	2,720	16,711
Depreciation				
To 1 April 2021	3,969	9,202	2,595	15,766
Charge for the year	87	119	32	238
At 31 March 2022	4,056	9,321	2,627	16,004
Net Book Value				
At 31 March 2022	258	356	93	707
At 31 March 2021	345	475	125	945

10 Stock

	2022	2021
	£	£
Goods for resale	2,359	1,841

The cost of stocks recognised as an expense in the year amounted to £2,422 (2021: £1,179).

11 Debtors

	2022	2021
	£	£
Prepayments and accrued income	7,043	5,769

12 Creditors

	2022	2021
	£	£
Accruals and deferred income	21,573	17,365
Deferred income:		
Deferred income at 1 April	1,292	-
Resources deferred in the year	-	1,292
Released from the previous year	(1,292)	-
Deferred income at 31 March	-	1,292

13 Analysis of the charity's assets by fund

	Restricted	Unrestricted		Total
		Designated	Undesignated	
		£	£	
Current year				
Fixed Assets	128	-	579	707
Current Assets	36,176	170,675	153,665	360,516
	36,304	170,675	154,244	361,223
Creditors: amounts falling due within one year	-	-	(21,573)	(21,573)
Total Net Assets	36,304	170,675	132,671	339,650

	Restricted	Unrestricted		Total
		Designated	Undesignated	
		£	£	
Comparative year				
Fixed Assets	168	-	777	945
Current Assets	20,797	144,762	143,196	308,755
	20,965	144,762	143,973	309,700
Creditors: amounts falling due within one year	-	-	(17,365)	(17,365)
Total Net Assets	20,965	144,762	126,608	292,335

14 Restricted funds

Restricted Funds, 2021 - 2022

	Source of funds	Purpose	Balance at 1.4.2021	Income	Expenditure	Balance at 31.3.2022
				£	£	
	Anonymous donation	Music-making training course	3,200	4,500	5,049	2,651
	Anonymous donation	Hospital music therapy	250	-	250	-
	Anonymous donation	Hospital music therapy	300	-	-	300
	Anonymous donation	Hospital music therapy	3,700	-	-	3,700
	Anonymous donation	Schools' programme (Castle Hill)	2,000		2,000	-
	Anonymous donation	Newsletter mailing	-	519	519	-
	Good Gifts Catalogue	Individual music therapy sessions	-	1,043	1,043	-
	Leeds Building Society Charitable Trust	Equipment	46	-	12	34
	Lynn Foundation	Equipment	119	-	30	89
	Morrison Foundation	Hospital music therapy, Newcastle	850	-	850	-
	Rotary Club of York Vikings	Music at Hob Moor Oaks, York	500	-	-	500
	The HBJ Trust	Music Therapy (York Hospital)	10,000	-	5,270	4,730
	ARN Foundation	Schools' programme	-	8,500	4,268	4,232
	Arnold Clark Community Fund	Schools' programme	-	1,000	1,000	-
	Joyce Fletcher Charitable Trust	Schools' programme	-	2,000	-	2,000
	Shears Foundation	Hospital music therapy, Newcastle	-	5,000	2,734	2,266
	Big Give Christmas Challenge (incorporating Victoria Wood and Lake House Foundations)	Schools' programme	-	20,749	11,787	8,962
	Youth Music	Schools' programme	-	4,275	2,954	1,321
	John Horniman's Children's Trust	Schools' programme	-	3,000	2,481	519
	Baily Thomas Charitable Fund	Schools' programme	-	2,000	2,000	-
	Barbour Foundation	Hospital music therapy, Newcastle	-	5,000	-	5,000
	Martyn Donaldson Music trust	Individual music therapy sessions	-	500	500	-
			20,965	58,086	42,747	36,304

15 Designated funds

Restricted Funds, 2020 - 2021

Source of funds	Purpose	Balance	Income	Expenditure	Balance
		£	£	£	£
Anonymous donation	Music-making training course	3,677	4,000	4,477	3,200
Anonymous donation	Hospital music therapy	250	-	-	250
Anonymous donation	Hospital music therapy	300	-	-	300
Anonymous donation	Hospital music therapy	-	3,700	-	3,700
Anonymous donation	Schools' programme (Castle Hill)	-	2,000	-	2,000
Anonymous donation	Newsletter mailing	-	250	250	-
Good Gifts Catalogue	Individual music therapy sessions	-	882	882	-
Leeds Building Society Charitable Trust	Equipment	52	-	6	46
Lynn Foundation	Individual music therapy sessions	158	-	39	119
Morrison Foundation	Hospital music therapy, Newcastle	850	-	-	850
Rotary Club of York Vikings	Music at Hob Moor Oaks, York	500	-	-	500
The HBJ Trust	Music Therapy (Alexander Devine/ York Hospital)	4,500	10,000	4,500	10,000
The Postlethwaite Foundation	Individual music therapy sessions	208	-	208	-
Radcliffe Trust	Schools' programme (videos)	-	5,000	5,000	-
HDH Wills Charitable Trust	Individual music therapy sessions	-	500	500	-
Yorkshire Building Society Charitable Foundation	Music instruments	-	250	250	-
Big Give Christmas Challenge (incorporating Postlethwaite and Lake House Foundations)	Music Therapy at UCLH	-	15,592	15,592	-
Intangible income and donations	Accountancy	-	674	674	-
		12,995	42,848	32,378	20,965

To 31 March 2023 unless otherwise stated

	Balance	Expenditure	Transfers	Balance
	at 1.4.2021			at 31.3.2022
Special Schools creative music programme (to 31 July 2023)	75,000	54,095	88,457	109,362
Music-Making for Special Children Courses	10,345	5,049	4,018	9,314
London Hospitals music project	2,565	3,424	859	-
Music therapy with individuals	16,772	22,400	27,809	22,181
Music therapy in children's hospices	-	-	7,500	7,500
Martin House Children's Hospice research project	4,000	2,000	-	2,000
Music therapy in children's hospitals	36,080	9,104	(6,658)	20,318
	144,762	96,072	121,985	170,675

Designated Funds, 2020 - 2021

	Balance	Expenditure	Transfers	Balance
	at 1.4.2020			at 31.3.2021
Special Schools creative music programme (to 31 July 2021)	92,702	49,778	32,076	75,000
Music-Making for Special Children Courses	4,814	4,560	10,091	10,345
London Hospitals music project (to 31 July 2021)	4,000	-	(1,435)	2,565
Music therapy with individuals (to 31 March 2021)	18,762	14,857	12,867	16,772
Alexander Devine Children's Hospice: music therapy (to 31 March 2021)	4,500	4,500	-	-
Martin House Children's Hospice research project	6,000	2,000	-	4,000
Ty Hafan Children's Hospice: music therapy	27,760	27,760	-	-
Music therapy in children's hospitals (to 31 March 2022)	47,000	15,592	4,672	36,080
	205,538	119,047	58,271	144,762

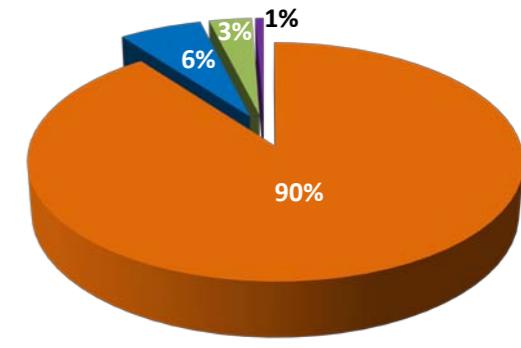
Legal and administrative information

Constitution	Rules adopted 25 March 1995, amended 15 February 2013 and 30 June 2021
Charity Number	Registered Charity No. 1045731
Patrons	Maxine Peake; Trevor Pinnock CBE
Trustees	Steven Burkeman (Chair); Alan George; Hannah George (Co Vice Chair); Andrew Grace; Nancy Maguire (Co Vice Chair); His Honour John Phillips CBE; Liz Varlow (appointed 1 July 2021)
Advisers	Jan Berger; Mark Withers
Honorary Treasurer	Sally Brabyn
Director	Lesley Schatzberger
Administrator	Karen Kadow
Director of Learning	Britta Koerber
Projects Assistant	Lisa Williams
Address	15 Priory Street, York, YO1 6ET
Telephone	01904 658189
Email	info@jessiesfund.org.uk
Website	www.jessiesfund.org.uk
Bankers	CAF Bank Ltd, Kings Hill, West Malling, Kent, ME19 4TA HSBC Bank plc, 13 Parliament Street, York, YO1 8XS
Independent Examiner	Adrian Rodaway, FCA, BFP, DChA HPH, Chartered Accountants 54 Bootham, York, YO30 7XZ

Summary of Financial Activities, 2021 - 2022

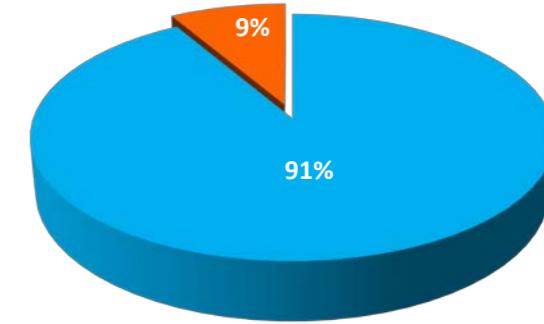
Income

● Donations and legacies	£269,774
♦ Grants	24%
♦ Donations	37%
♦ Legacies	34%
♦ Gift Aid tax refunds	5%
● Other fundraising activities	£19,308
● Income from charitable activities	£ 9,782
● Investment income	£ 1,927
TOTAL	£300,521



Expenditure

● Charitable activities	£231,571
● Raising funds	£ 21,635
TOTAL	£253,206





Jessie's Fund, 15 Priory Street, York YO1 6ET

Tel: 01904 658189

info@jessiesfund.org.uk

www.jessiesfund.org.uk

Registered charity no. 1045731