



MUSIC HELPING CHILDREN

Annual Report and Accounts  
2022 - 2023



## How we began

Jessica George was nine years old when she was diagnosed with an inoperable brain tumour. Jessie's Fund was established to meet the cost of extra treatment, but this bright and musical child died less than six months after her diagnosis, before she had been able to begin the treatment.

Jessie's Fund was registered as a charity in 1995, with the aim of enabling children with life-limiting illnesses or serious disabilities to be heard and supported through the language of music. Our UK-wide provision of interactive music-making and music therapy gives a voice to children who struggle to communicate.



## Mission

- ◆ To enable children in children's hospices and hospitals in the UK to access music therapy, by establishing posts for music therapists and providing appropriate musical instruments;
- ◆ To help children in special schools and hospitals to participate in creative musical activities, by offering the expertise of specialist professional musicians;
- ◆ To train staff working with children who have complex medical needs or special educational needs and disabilities to use music as a tool for learning and communication.

The Trustees have given due consideration to the Charity Commission's published guidance on public benefit when setting the charity's aims.

Jessie's Fund follows the Charity Governance Code, ensuring a high quality of governance, and is registered with the Fundraising Regulator.

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## Chair's welcome

Sir Elton John, who needs no introduction, says that “Music has healing power. It has the ability to take people out of themselves for a few hours.” And that’s precisely why the work of Jessie’s Fund, described in these pages, is so important. If you’re a child who can’t communicate fully by way of speech, if you have a life-limiting illness, then having the opportunity to communicate through music – listening to and playing music, sensitively enabled by specialist musicians and music therapists – can elicit a joyous response, as described so vividly in some of the examples in these pages. If you read nothing else in this report, do read these.

This has been a hugely significant year for all of us at Jessie’s Fund. After almost 30 years, Lesley Schatzberger, mother of the eponymous Jessie, has stepped back from day-to-day running of the Fund. It was inevitable that the day would come when we would need to look for a worthy successor as Executive Director. We have been exceedingly fortunate in finding Rebecca Ellis – someone with much relevant experience in working with the kind of children we support, who is herself an accomplished musician. We are confident that she, supported by our small office team, all of whom happily remain with us, will lead us on to new heights. Lesley, of course, has a continuing and unique role as Founder. Her achievements are just remarkable. From a standing start she created a national organisation which has changed the face of music provision for children in hospices, and for many in special schools and hospitals. She continues to work closely with Rebecca in her new position.

As well as finding Lesley’s successor, we have embarked on a mission to renew and strengthen our Board. The current Board is enthusiastic, committed and hardworking (and, in my experience, great fun to work with). But as we move into a new era under Rebecca Ellis’ leadership, we think it’s the right time to make sure that we have as full a range of relevant skills as possible and that, as far as possible we look more like the society in which we work. So, if you think you can help us in this matter, please do get in touch.

I began by quoting Sir Elton John. I end by quoting Plato: “Music gives a soul to the universe, wings to the mind, flight to the imagination, and life to everything”. What could be more important, then, than bringing music to the children with whom we work? Thank you for your help in enabling us to continue this vital endeavour, and I hope you enjoy reading our Report.

Steven Burkeman, Chair



# 2022-2023 Highlights



700 pupils benefitted from working with Jessie's Fund over 25 projects as part of the schools programme.

538 music therapy sessions funded in the community for 61 children and young people with life-limiting illness or complex needs.



133 music therapy sessions delivered at York Hospital, part-funded by Jessie's Fund.

41 staff and students from across the sector attended our training courses.



"The work you do is amazing and the learning I've done with you has been incredibly powerful."

"I felt his defence mechanisms and guardedness was lowered and he was able to be playful, joyful, and engaged in our interpersonal music-making."

"The group has been amazing and we both love it! Never felt as comfortable in a group, ever!"

"Thalia's voice is growing louder!"

Highlights

## The music within

“

Music doesn't get in. Music is already in. Music simply uncovers what is there, makes you feel emotions that you didn't necessarily know you had inside you, and runs around waking them all up. A rebirth of sorts. ”

‘How to stop time’, Matt Haig, Author

We can all think of a time when music has moved us, often unexpectedly when going about our day-to-day routines. It can stop us in our tracks, reminding us of moments of sheer joy, or sometimes, sadness and grief. For many of us, music helps us to process our emotions and make sense of them. It can bring solace, pleasure, comfort and a moment of space in our busy lives.

Music offers the same service to many of the children and young people who Jessie's Fund support. These children may not have a verbal way of communicating their emotions, but music offers them a vital lifeline in helping them to share their feelings and connect with those around them. We share some of their stories in the following pages.



## Jessie's Fund in the community:

### Supporting children through one-to-one music therapy

(All names in our stories have been changed for reasons of confidentiality)

Mason is a six-year-old boy, whose undiagnosed condition has led to him being in a near constant state of seizure activity. He has limited mobility and is nil by mouth, instead being fed via a tube into his stomach. He has global development delay and no verbal methods of communication. Mason is often too unwell to attend school, or even to sit up in his supportive seat. Jessie's Fund provided a grant so that Mason could undertake music therapy at home. This would allow Mason to experience multi-sensory stimulation and opportunities to express his emotions. It would also give Mason and his mother opportunities to make musical memories together.

Mason was quick to develop a trusting relationship with the therapist and showed immediate interest in the music. Although his energy levels varied from week to week, he was consistently responsive to the musical environment and motivated to engage. He was able to make independent contributions to musical play, for example, by reaching to explore a range of small percussion instruments placed nearby. As the weeks progressed, Mason showed increased signs of visual processing, clearly tracking movements during a familiar action song about various body parts. Mason became increasingly motivated by the musical connection which he developed with the therapist and demonstrated high levels of concentration and joint attention during intensely focused musical exchanges.

“ As sessions progressed and Mason became increasingly aware of his influence and control over the music played by the therapist, he learned to use movement and gestural communication to respond and prompt her to continue, for example by moving his foot each time the music stopped. These responses became increasingly consistent and validated movement as an important means of communication and interaction for Mason. ”

Music Therapist

Mason is one of 61 children for whom we have paid for a total of 538 music therapy sessions during the year, an increase of 41 sessions from last year. Due to the impact of cost-of-living increases on families with children with additional needs, it is critical that we can offer these heavily subsidised sessions.

## Jessie's Fund in health settings: Music therapy in children's hospices

“ Most children experience a music session at some point during their stay at Martin House and it allows them to express their thoughts and feelings in a positive way when they may struggle to articulate them any other way. We are extremely thankful for your support, and I have been told that Jessie's Fund was fundamental in the beginnings of Music Therapy at Martin House. I hope you know that your support is making a real difference to our families, and it is never taken for granted. ”

Emma Lister, Martin House Children's Hospice

Jessie's Fund remains committed to our original aim of giving children in hospices access to music therapy, alongside growing our work in specialist schools, hospitals and other settings. We do this through offering further funding to develop services, training courses and buying instruments as needed.

This year, we offered support to the re-establish music therapy to Ty Gobaith Hospice, where William and his family accessed music therapy as part of his end of life care. The therapist worked with the family to think about music that was important to them, which they could share with him before he passed away. The family reminisced about favourite nursery rhymes, football anthems and popular songs. They then looked at how they could create memories with William and share their music together. The music therapist played these songs while the family members cradled and sang to William. The therapy focused on building relationships between parents and baby, breathing and relaxation, spending quality time together instead of focusing on his medical needs, and creating a performance of shared music for the parent's wedding.



“ Music Therapy is helpful because it’s a different way of expressing my feelings. It adds light to the situation that my family are in. It gives me a break from the situation and helps me to have focus on something else that is for me. It would be helpful for other children. It feels so different to a one-on-one chat because the music expresses my feelings without saying them and gives a different perspective on how I look at my emotions.

Sibling feedback, Ty Gobaith Hospice ”

### Music therapy for children in hospitals

“ It’s playing music, not simply listening, that unlocks our potential for widespread neuroplasticity. Music is and always should be for everyone. It can make us all better. ”  
‘How music can make you better’, Indre Viskontas

Our two hospital projects at York and the Great North Children’s Hospital have continued to be a success. We were delighted to hear that the music therapy post at GNCH would not only remain in place once our funding commitment ended, but grow from two days a week to three, with funding agreed by the hospital charity.

“ The service has gone from strength to strength with a hiatus for the Covid pandemic. We are pleased to have Claire on board and our Foundation fully supporting the project. Claire has made an enormous impact on our patients and has been a great addition to the multidisciplinary team and we hope the service will continue to develop and grow.

With grateful thanks on behalf of all at GNCH ”

Julie Anderson, Research and Innovation Manager ”

### Music therapy for children in hospitals (cont.)

At York Hospital, the work continues to happen in both the community and on the wards. The service is seen as an invaluable addition to the therapies team for what it can offer to patients for whom traditional talking therapies are not appropriate. Between January 2022 and 2023, 133 music therapy sessions took place as part of the partnership.

“ Thank you for your sessions with Ryan. He absolutely loves music and it helps me to communicate with him. He comes alive with it and with sounds of music and sounds of verbal noise, it helps him communicate with me as he can not pronounce many words nor sentences, the sessions with you brings him alive. He comes out of his shell and when he is banging the drum with the sticks I feel he bangs it so hard to realise energy and he has so much rhythm. I’m hoping once the speech therapy starts, having his music too, combined they will help him to speak.

Thank you so much for everything - we both think very highly of you.



”  
Parent Feedback, York Hospital

### Jessie's Fund for professionals

#### Our training courses

We were thrilled to welcome attendees to our first in-person training course since before the pandemic in November. We ran a hybrid model, with a full-day training session in both York and London, and online follow-up sessions. The course is designed to give staff who work with children with special needs confidence to use music in their day-to-day work.

We welcomed participants from across the health, education, hospice and care sectors, with a range of musical experiences. All participants rated the quality of the training to be good or excellent, and told us that their confidence in leading interactive music sessions had increased because of the training. Favourite aspects included learning new songs and techniques, as well as being able to go deeper in the one-to-one online sessions. One participant was surprised that there is no 'wrong' when using music, whilst for another it was the power of combining music with storytelling to support communication. For one participant in particular, it was 'the best value, most effective course I've been on for a long time'.

33 people attended our courses between March 2022 and March 2023, including seven from the online cohort of the previous year, who attended a follow-up live music day. Although feedback from the hybrid model was still overwhelmingly positive, we look forward to returning to our usual in-person format this year.



We also began our collaborative project with the Royal Northern College of Music. Eight students attended a two-day residential training course in York, which will be followed by opportunities to shadow our musicians on creative music projects in schools.

“

I honestly don't think the course could be improved. I have learnt so many new techniques and I would like if there was a follow up course for the next step. Thank you so much for everything, I am so excited to go forward and use everything I have learnt. I can't wait to have the skills to give everyone a musical voice.

”  
Hannah, RNCM Student

## Jessie's Fund in specialist school settings

This year saw our programme of interactive music workshops with children in specialist school settings return to full strength. It was a great delight to be back in so many classrooms, enabling children and young people with a whole range of needs to connect with each other, and the adults around them, through musical means.

The structure of our workshops remain consistent, with one-day workshops, five-day mini residencies and year-long staff development programmes remaining popular. Each project is adapted to suit the particular needs of the children and young people, and the staff who support them, on a daily basis. Every project is planned to create opportunities for children and young people to express themselves, and to help build the confidence and skills in creative music making in the staff teams which surround them.

In addition to our workshops and training in special schools, our family learning programme has continued to be incredibly well received. It not only helps young children with additional needs but provides a supportive, joyful group for parents, carers and workers. The head of Calderdale Portage Service told us: "It's like therapy for us. The staff all want to be part of the sessions because you come away feeling refreshed."

“ Today's training, expertly delivered by Mark from Jessie's Fund, was not only interesting and engaging, but also one of the most inspiring and relevant to our working practice at Chailey that I have experienced in all my time here. Thank you to all who made it happen. ”

Mary, Chailey Heritage School

The diary for 2023–2024 is already looking full; we'll start the year with a multi-school special project linked to the 2023 Eurovision Song Contest which is due to be held in Liverpool. We can't wait to hear what the children and young people create. There is also a strong demand for our year-long staff development projects; we'll look to complete those already in progress, and commence new ones in schools across the country. The embedding of creative music making within the curriculum continues to leave a powerful and lasting legacy.

“ Your musicians just get our kids. No one else has ever got them before. ”

Jessie, The Dales School Northallerton



The videos we created during the Covid lockdowns remain on YouTube, and continue to be regularly used. The 20-minute interactive sessions were specifically designed with the processing times of sensory learners in mind, and are fully accessible to all. In total our YouTube channel content has nearly 19,000 views, which is an increase of 29% when compared to the previous year. We're always thrilled when we hear from children, schools, or parents and carers about how much they enjoy using them.

“ I feel like I've won the lottery getting to join your session again! ”  
 TA, The Dales School Northallerton

## Jessie's Fund partner projects

Olympias Music Foundation (OMF) is a music charity championing diversity in music, focusing on the provision of access to music and music education, including in specialist school settings. Jessie's Fund supported OMF in expanding their 'Feel the Beat' programme to more schools in the Greater Manchester area. The positive impact on Tom, a 13-year-old student with special educational needs, was evident in his transformation over the academic year, evolving from limited musical engagement to becoming an active, expressive leader within the sessions.

This year we have supported 22 organisations like Olympias Music Foundation in delivering creative music projects or music therapy. Ten of these are specialist school settings, five are mainstream primary schools, one is a children's hospital and the other six are groups helping children with special needs with a range of support.

“ After each session, there's definitely been a marked change in her confidence. She's always been a child that sings where before it was often quite quiet, she'll now belt out a song, and break into dance a lot more. ”

Parent Feedback, Musical Beacons Creative Music Grant

## Looking ahead

It has been amazing to see musicians and music therapists working face-to-face across health, care and education settings, returning to similar operation levels as before the pandemic. We look forward to our training course returning to two in-person training days, alongside planned courses for students at the Royal Northern College of Music, and for hospice whole-staff teams.

We will continue to grow our work in all the areas previously described, including building new hospital partnerships and running creative music projects in specialist school settings who we have not worked with before, as well as staff development projects in those we have developed strong relationships with.

Our new Executive Director will work alongside the Founder and our small office team to ensure that Jessie's Fund is successful in its aims of helping as many children with additional needs and life-limiting illness as possible through the therapeutic and creative use of music.

Jessie's Fund remains thankful of for all our dedicated supporters, without whom our valuable work would not take place. They include individuals, companies, groups and charitable trusts, and we are truly grateful for your efforts.

Arimathea Charitable Trust  
Arnold Clark Community Fund  
Emily Weircroft Charitable Trust  
Plastow Family Charitable Trust  
Feoffees of St Michael's, Spurriergate  
HBJ Trust  
Martyn Donaldson Music Trust  
Park Hill Trust  
Postlethwaite Music Foundation

Reed Foundation  
Sir James Knott Trust  
Sylvia and Colin Shepherd Charitable Trust  
The ARN Foundation  
The Barry Anthony Newsam Charitable Trust  
The Hedley Denton Charitable Trust  
The Joyce Fletcher Charitable Trust  
The Rowan Trust  
The Victoria Wood Foundation

# Policies

## Governing document

Jessie's Fund's governing document is a Deed of Trust authorised by the Charity Commission on 25 March 1995 and amended on 15 February 2013 and on 30 June 2021.

## Organisational structure

The Board of Trustees has overall responsibility for the charity. The minimum number of Trustees as set out in our governing document is four, each engaged for a five-year term of office (changed from two-year terms by a Supplementary Deed of Trust dated 30 June 2021). On 31 March 2023 there were seven Trustees. Trustees may offer themselves for re-election for a further term on completion of their first term of office. There is an additional Advisory Board of two people and an Honorary Treasurer. The daily running of the charity is coordinated by the Executive Director, Director of Learning, the Administrator and the Projects Assistant.

## Appointment and induction of trustees

Appointment of trustees is by advertisement or invitation: emphasis is placed on relevant expertise. Our trustees' areas of expertise include:

- ◆ medicine
- ◆ mental health
- ◆ disability
- ◆ music
- ◆ law
- ◆ voluntary sector
- ◆ fundraising

Newly appointed trustees are given induction packs, including a copy of our governing document and a guide to the responsibilities of trustees. They also spend time being thoroughly briefed by the Director. They are shown videos of our work with children and invited to observe, and even take part in, our music-making training courses.

## Risk management

The Trustees have considered the risks affecting the organisation, particularly those concerning the flow of funds to meet the programme and the importance of key persons. The Trustees have a risk management strategy which comprises:

- ◆ an annual review of the risks and uncertainties that the charity faces;
- ◆ the establishment of policies, systems and procedures to mitigate those risks identified in the annual review;
- ◆ the implementation of procedures designed to minimise or manage any potential impact on the charity should those risks materialise;
- ◆ a reserves policy.

## Reserves policy

It is the Trustees' policy to designate funds to cover planned commitments for future charitable activities. The charity is dependent on grants, donations and fundraising events for its income, which is subject to fluctuating economic circumstances. To ensure that Jessie's Fund will be able to implement its planned commitments, we maintain an emergency operating reserve to meet core operating expenses in adverse financial conditions.

The Trustees have reviewed this policy and the required commitments in the light of the charity's current and forecast programme, and have decided that the appropriate range for the emergency operating reserve is £45,000 to £65,000. The lower figure would be sufficient to enable the implementation of charitable projects as designated for approximately one year in the event of a 50% drop in forecast income. This would allow time for reorganisation and re-establishment of income streams without impact on the planned programme. The higher figure would provide insurance against a sharper drop in income or a longer recovery period.

The emergency operating reserve also provides cover for unforeseen operational emergencies, such as additional staff in the event of long-term sickness absence of a member of the charity's small administrative team. In addition to the emergency operating reserve, the charity needs to fund working capital and to have enough funds available to expand its overall programme of work.

At 31 March 2023, the unrestricted, undesignated reserves amounted to £99,465, which includes our emergency operating reserve.

As the world continues to face uncertainty and funding for the charitable sector is volatile, we are fortunate to hold reserves in excess of our usual policy to ensure the continued provision of our services.

## Grant-making policy

Jessie's Fund has an ongoing commitment to award grants to projects which meet our criteria as set out in our statement of objectives. We have adopted the following process for awarding grants:

- ◆ an annual budget is allocated for grants;
- ◆ all requests for grants of over £1,000 are considered by trustees at three meetings per year;
- ◆ trustees have delegated responsibility for approval of grants below £1,000 to the administrative team (Director and Administrator) where appropriate;
- ◆ where a grant applicant is unsuccessful we endeavour to provide constructive and helpful feedback.



## Financial and Legal Reports for the year ended 31 March 2023

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## Treasurer's Report

Jessie's Fund's finances are in good health and the charity continues providing and supporting music therapy in general, music therapists in children's hospices and hospitals, and the Jessie's Fund programme in specialist school settings.

We closed the year with a deficit of £57,745. Our total reserves as of 31st March 2023 stand at £281,905, of which £24,842 is restricted for specific projects. We have designated £157,598 for our committed financial activities in the new financial year. These include projects and programmes of work with children in specialist school settings and children's hospitals and hospices, as well as grants for individuals. Our unrestricted undesignated reserves of £99,465 include our emergency operating reserve (for policy details see page 14).

Fundraising activities have continued to be somewhat limited this year, though over £14,000 was raised by supporters generously hosting events such as concerts, quizzes and golf days, as well as buying gifts and cards from our shop.

Jessie's Fund receives no statutory income. We rely on income from voluntary donations and on grants from trust funds. Friends of Jessie's Fund and many other generous donors have contributed more than £100,000 over the year with Gift Aid tax refund contributions bringing an additional £13,899. Grant income from trust funds was nearly 25% higher this year than last at £80,948.

People continue to think of Jessie's Fund when writing their wills, and we received legacies which have provided the fund with a further £13,143.

We have been able to maintain last year's level of expenditure on grants and have awarded nearly £87,000 to other organisations and individuals, which you heard the

impact of in the previous pages.

Expenditure on the Jessie's Fund Programme in Special Schools was £106,245, a considerable increase on last year, reflecting the desire of schools to bring music back in to their classrooms now that it is safer to do so. We hope that this work has helped schools to reunite their communities and give more children and young people a musical voice.

The programme of music therapy in hospitals is also growing with considerably greater investment over this last year into our programmes in York and Newcastle.

Jessie's Fund is run by a small York-based team whose achievements are extraordinary and whose commitment is apparent in every aspect of their work. They are ably supported by the board of trustees who bring added expertise and are always ready to give advice and guidance.

Sally Brabyn  
Honorary Treasurer

16th November 2023



## Statement of Trustees' Responsibilities

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards. The law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources of the Charity for that period. In preparing these financial statements, the Trustees are required to:

- ◆ select suitable accounting policies and apply them consistently;
- ◆ observe the methods and principles of the Charities SORP;
- ◆ make judgements and estimates that are reasonable and prudent;
- ◆ state whether applicable accounting standards have been followed, subject to any departures disclosed and explained in the financial statements;
- ◆ prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. The Trustees are responsible for the maintenance and integrity of the Charity and financial information included on the charity's website.

## Independent Examiner's Report to the Trustees of Jessie's Fund

I report to the trustees on my examination of the accounts of Jessie's Fund for the year ended 31 March 2023, which are set out on pages 20 to 35.

This report is made solely to the Charity's Trustees, as a body, in accordance with Section 154 of the Charities Act 2011. My independent examination work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an Independent Examiner's Report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body, for my independent examination work, for this report, or for the opinions I have formed.

## Responsibilities and basis of report

As the charity trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act'). I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

## Independent Examiner's Statement

Since the Trust's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

A. C. Rodaway, FCA, BFP, DChA  
HPH, Chartered Accountants  
54 Bootham, York, YO30 7XZ

16th November 2023

## Statement of Financial Activities for the year ended 31 March 2023

	Note	2023		2022	
		£	£	£	£
Income from:		Unrestricted	Restricted	Total	Total
Donations and legacies	2a)	152,735	61,593	<b>214,328</b>	269,774
Other trading activities	2b)	13,986	-	<b>13,986</b>	19,038
Investment	2c)	4,296	-	<b>4,296</b>	1,927
Charitable activities	2d)	20,349	-	<b>20,349</b>	9,782
<b>Total income</b>		<b>191,366</b>	<b>61,593</b>	<b>252,959</b>	<b>300,521</b>
Expenditure on:					
Raising funds	3	20,973	-	<b>20,973</b>	21,635
Charitable activities	3	216,676	73,055	<b>289,731</b>	231,571
<b>Total expenditure</b>		<b>237,649</b>	<b>73,055</b>	<b>310,704</b>	<b>253,206</b>
<b>Net income for the year</b>		(46,283)	(11,462)	(57,745)	47,315
<b>Funds brought forward at 1 April 2022</b>		303,346	36,304	<b>339,650</b>	292,335
<b>Funds carried forward at 31 March 2023</b>		<b>257,063</b>	<b>24,842</b>	<b>281,905</b>	<b>339,650</b>

## Balance Sheet as at 31 March 2023

	<i>Note</i>	£ 2023	£ 2022
<b>Fixed Assets</b>	8	<b>1,062</b>	707
<b>Current Assets</b>			
Stock	9	<b>2,007</b>	2,359
Debtors	10	<b>6,386</b>	7,043
Cash at bank and in hand		<b>291,858</b>	351,114
		<b>300,251</b>	360,516
<b>Creditors: amounts falling due within one year</b>			
Accruals and deferred income	11	<b>19,408</b>	21,573
Net Current Assets		<b>280,843</b>	338,943
Total assets less current liabilities		<b>281,905</b>	339,650
Total Net Assets		<b>281,905</b>	339,650
<b>The Funds of the Charity</b>			
Unrestricted - designated	14	<b>157,598</b>	170,675
Unrestricted - undesignated		<b>99,465</b>	132,671
		<b>303,346</b>	
Restricted	13	<b>24,842</b>	36,304
	12	<b>281,905</b>	<b>339,650</b>

Approved by the Board of Trustees on 16 November 2023 and signed on their behalf by:

Steven Burkeman (Chair)

Nancy Maguire (Co Vice Chair)

[www.jessiesfund.org.uk](http://www.jessiesfund.org.uk)

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# Notes to the financial statements for the year ended 31 March 2023

## 1 Accounting policies

### a) Basis of Accounting

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the relevant version of the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The Trustees have a reasonable expectation that the Charity has adequate resources to continue in existence for the foreseeable future. They continue to believe the going concern basis of accounting is appropriate in preparing the financial statements.

Jessie's Fund meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

### b) Depreciation policy

Depreciation is provided on all tangible fixed assets in use at rates calculated to write off the cost or valuation, less estimated residual value, of each asset over its expected useful life, as follows:

Office equipment – at 25% reducing balance

Computers – at 25% reducing balance

Music equipment – at 25% reducing balance

We do not capitalise any item under £150 value on purchase.

### c) Stocks and work in progress

Stocks are valued at the lower of cost or net realisable value.

**d) Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid after taking account of any trade discounts due.

**e) Cash at bank**

Cash at bank and cash in hand includes cash and any short term deposit accounts with a maturity of three months or less from the opening date.

**f) Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

**g) Income**

Interest receivable is accounted for on an accruals basis.

Gift Aid is included based on amounts recoverable at the accounting date.

Donated services are only included in incoming resources where another party is bearing the financial cost of the resources supplied and the benefit is quantifiable, receivable and material. Donated services are valued at the lower of the cost borne by the party bearing the cost and a reasonable estimate of the value of the donation to the Charity.

A legacy is regarded as received when it has become reasonably certain that the legacy will be received and the value of the incoming resource can be measured with sufficient reliability.

Voluntary income arising from events, principally sponsorship, is recognised in the period which the event takes place.

Grant income is recognised when the Charity is entitled to receipt.

Other income is accounted for in the year in which it was received.

## h) Funds

The charity's funds consist of restricted and unrestricted amounts as shown in the Statements of Financial Activities.

Unrestricted funds may be used at the trustees' discretion in furtherance of the charity's objects. Restricted funds may only be used in accordance with the donors' wishes as shown in note 14.

## i) Expenditure

Grants payable are accounted for in the year in which the grant was paid. All expenses are accounted for on an accruals basis. Direct costs are allocated to the key strategic areas of activity.

- Costs of generating funds are those costs incurred in attracting voluntary income, and those incurred in trading activities which raise funds.
- Charitable activities are those activities which are undertaken to meet our charitable objectives.
- Support costs include management functions and have been allocated to key strategic areas of activity on a basis consistent with the use of resources.
- Governance costs include those incurred in the governance of the charity which relate to the strategic running of the charity and its assets, and are primarily concerned with constitutional and statutory requirements. These are distinct from costs associated with fundraising or charitable activity.

## j) Taxation

Jessie's Fund is a registered charity and is generally exempt from tax on income and gains. The charity is not registered for Value Added Tax.

## k) Pension scheme

The charity contributes to a defined contribution pension scheme for its employees. Pension costs are charged to the SOFA and represent the contributions payable by the charity in the year.

## 2 Income from:

### a) Donations and legacies

	2023			2022
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Friends' subscriptions	19,045	-	<b>19,045</b>	18,603
Miscellaneous donations	65,639	9,731	<b>75,370</b>	67,073
In Celebration & In Memoriam donations	11,923	-	<b>11,923</b>	13,817
Legacies	13,143	-	<b>13,143</b>	90,557
Grants from Trusts and Statutory Grants	29,086	51,862	<b>80,948</b>	64,965
Gift Aid tax refunds	13,899	-	<b>13,899</b>	14,759
<b>Total income from donations and legacies</b>	<b>152,735</b>	<b>61,593</b>	<b>214,328</b>	<b>269,774</b>

The Charity also benefits from the involvement and enthusiastic support of a small number of volunteers who help with administration, on an ad hoc basis. In accordance with Charities SORP, the economic contribution of general volunteers is not recognised in the accounts.

### b) Other trading activities

Fundraising events	10,695	-	<b>10,695</b>	15,145
Merchandise income	3,291	-	<b>3,291</b>	3,893
	<b>13,986</b>	-	<b>13,986</b>	<b>19,038</b>

### c) Investment income

Interest received on cash deposits	4,296	-	<b>4,296</b>	1,927
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### d) Charitable activities

Jessie's Fund programme in Special Schools	13,220	-	<b>13,220</b>	6,549
Hospitals Project		-		1,283
Training courses	7,129	-	<b>7,129</b>	1,950
	<b>20,349</b>	-	<b>20,349</b>	<b>9,782</b>
<b>Total income</b>	<b>191,366</b>	<b>61,593</b>	<b>252,959</b>	<b>300,521</b>

In 2022 the only restricted income was £58,086 in donations and legacies.

### 3 Expenditure on:

#### Expenditure on:

Charitable activities	Direct activity	Grant funding	Support	Total	Total
	undertaken	of activities	costs	2023	2022
	£	£	£	£	£
Music therapy / creative music projects/research	-	49,331	7,127	<b>56,458</b>	56,609
Music therapists in children's hospices	24,500	-	5,227	<b>29,727</b>	39,273
Music therapy - individuals	-	20,858	9,503	<b>30,361</b>	28,367
Jessie's Fund programme in Special Schools	96,911	-	9,334	<b>106,245</b>	63,364
Hospitals creative project		-	-	-	9,391
MT in hospitals training and general expenses	23,730	-	9,503	<b>33,233</b>	9,104
Instruments	2,051	-	-	<b>2,051</b>	-
Governance	-	-	15,762	<b>15,762</b>	13,452
Training courses and workshops	8,767	-	7,127	<b>15,894</b>	12,011
	<b>155,959</b>	<b>70,189</b>	<b>63,583</b>	<b>289,731</b>	<b>231,571</b>
<b>Raising funds</b>					
Fundraising events	1,556	-	15,777	<b>17,333</b>	17,415
Fundraising trading	1,887	-	1,753	<b>3,640</b>	4,220
	<b>3,443</b>	-	<b>17,530</b>	<b>20,973</b>	<b>21,635</b>
<b>Total expenditure</b>	<b>159,402</b>	<b>70,189</b>	<b>81,113</b>	<b>310,704</b>	<b>253,206</b>

Charitable activities totalling £73,055 (2022: £42,747) were allocated to restricted funds.

**Analysis of support costs**

	Charitable	Costs of	Total	Total
	activities	raising funds	2023	2022
	£	£	£	£
Staffing	49,129	12,282	<b>61,411</b>	52,102
Information resources & staff training	-	751	<b>751</b>	669
Trustee expenses	1,251	-	<b>1,251</b>	449
Accountancy and legal fees	3,120	-	<b>3,120</b>	3,553
Other support costs	9,778	4,190	<b>13,968</b>	10,781
Depreciation and loss on disposal	306	306	<b>612</b>	238
	<b>63,584</b>	<b>17,529</b>	<b>81,113</b>	<b>67,792</b>

## 4 Direct charitable grants

Direct grants, for music therapy unless otherwise stated, were made from unrestricted funds as follows:

	£
Beaumont Hill (Education Village) (creative music project)	4,000
Bidwell Brook School (instruments)	400
Castle Hill School (instruments)	500
Crombie School	2,800
Charlie House Grampian Respite Care	1,000
Circle of Support for Autism Families	2,472
Drum Works (creative music project)	2,000
Embracing Arts (Christmas for kids) (creative music project)	2,000
Greenbank School	2,560
Glashieburn School	1,400
Kings Mill School	2,000
Kingsweston School	3,000
Littlegreen Academy (SAT)	3,000
Mountjoy School	3,450
Netley School	2,400
Olympias Music Foundation (creative music project)	2,000
Rodney House School	3,500
Shield Road Primary School	449
St Barnabas School	1,000
Thomas Walsley Academy	2,000
Tulip Academy (instruments)	700
Royal Belfast Hospital for Sick Children (creative music project)	4,200
Sing and Sign Maestros (creative music project)	500
Victoria Kammin (research in partnership with Martin House)	2,000
<b>Total direct grants</b>	<b>49,331</b>

## 5 Staff Costs

	<b>2023</b>	<b>2022</b>
	£	£
Gross salaries and wages	15,240	-
Employer's pension contributions	610	-
Other staff/human resources costs	45,561	52,102
	<b><u>61,411</u></b>	<b><u>52,102</u></b>

Staff that were previously contracted out have been employed by the charity since January 2023.

The average number of employees in the year was 1 (2022 - 0). There were no employees with emoluments above £60,000 in the year (2022 - none)

The key management personnel of the charity comprise the Trustees, the Executive Director and Deputy Director/Director of Learning. The total employee benefits of the key management personnel were £10,535 (2022 - £nil).

## 6 Trustees

No Trustee has received any remuneration during the year. Trustees' travel and other expenses were paid or reimbursed to the trustees, amounting in the year to £1,250.71. (Expenses reimbursed to the trustees in 2022: £448.56)

During the year a total of £1561 (2022 - £2191.60) was donated to the charity by related parties, including Trustees.

## 7 Audit and accountancy fees

	<b>2023</b>	<b>2022</b>
	£	£
Independent Examination	<b><u>£3,120</u></b>	<b><u>2,653</u></b>

## 8 Tangible fixed assets

	Office equipment	Computers	Music equipment	Total
	£	£	£	£
<b>Cost</b>				
To 1 April 2022	4,314	9,677	2,720	16,711
Additions	-	968	-	968
Disposals	(3,241)	(5,962)	(40)	(9,243)
<b>At 31 March 2023</b>	<b>1,073</b>	<b>4,683</b>	<b>2,680</b>	<b>8,436</b>
<b>Depreciation</b>				
To 1 April 2021	4,056	9,321	2,627	16,004
Charge for the year	44	288	23	355
Eliminated on disposal	(3,157)	(5,788)	(40)	(8,985)
<b>At 31 March 2023</b>	<b>943</b>	<b>3,821</b>	<b>2,610</b>	<b>7,374</b>
<b>Net Book Value</b>				
<b>At 31 March 2023</b>	<b>130</b>	<b>862</b>	<b>70</b>	<b>1,062</b>
At 31 March 2022	258	356	93	707

## 9 Stock

	2023	2022
	£	£
Goods for resale	2,007	2,359

## 10 Debtors

	<b>2023</b>	<b>2022</b>
	£	£
Prepayments and accrued income	6,386	7,043
	<hr/>	<hr/>

## 11 Creditors

Amounts falling due within one year

	<b>2023</b>	<b>2022</b>
	£	£
Accruals and deferred income	16,537	21,573
Taxation and social security	2,871	-
	<hr/>	<hr/>
	19,408	21,573

Deferred income:

Deferred income at 1 April	-	1,292
Resources deferred in the year	600	-
Released from the previous year	-	(1,292)
Deferred income at 31 March	<hr/>	<hr/>
	600	(1,292)

At the balance sheet date the Charity was holding funds received in advance of providing services to users, which is fully release in the following financial year.

## 12 Analysis of the charity's assets by fund

	Restricted	Unrestricted		Total
		Designated	Undesignated	
	£	£	£	
<b>Current year</b>				
Fixed Assets	98	-	964	<b>1,062</b>
Current Assets	24,744	157,598	117,909	<b>300,251</b>
	24,842	157,598	118,873	<b>301,313</b>
Creditors: amounts falling due within one year	-	-	(19,408)	<b>(19.408)</b>
<b>Total Net Assets</b>	<b>24,842</b>	<b>157,598</b>	<b>99,465</b>	<b>281,905</b>

	Restricted	Unrestricted		Total
		Designated	Undesignated	
	£	£	£	
<b>Comparative year</b>				
Fixed Assets	128	-	579	707
Current Assets	36,176	170,675	153,665	360,516
	36,304	170,675	154,244	361,223
Creditors: amounts falling due within one year	-	-	(21,573)	(21,573)
<b>Total Net Assets</b>	<b>36,304</b>	<b>170,675</b>	<b>132,671</b>	<b>339,650</b>

## 13 Restricted funds

### Restricted Funds, 2022 - 2023

Source of funds	Purpose	Balance	Income	Expenditure	Balance
		at 1.4.2022			at 31.3.2023
Anonymous donation	Music-making training course	2,651	4,500	6,019	1,132
Anonymous donation	Hospital music therapy	300	-	300	-
Anonymous donation	Hospital music therapy	3,700	-	3,700	-
Anonymous donation	Newsletter mailing	-	573	573	-
Good Gifts Catalogue	Individual music therapy sessions	-	941	-	941
Leeds Building Society Charitable Trust	Equipment	34	-	8	26
Lynn Foundation	Equipment	89	-	22	67
Rotary Club of York Vikings	Music at Hob Moor Oaks, York	500	-	500	-
The HBJ Trust	Music Therapy (York Hospital)	4,730	10,000	8,934	5,796
ARN Foundation	Schools' programme	4,232	5,995	8,999	-
Joyce Fletcher Charitable Trust	Schools' programme	2,000	2,000	2,000	2,000
Shears Foundation	Hospital music therapy, Newcastle	2,266	-	2,266	-
Big Give Christmas Challenge (incorporating Victoria Wood and Reed Foundations)	Schools' programme	8,962	15,962	19,848	5,076
Youth Music	Schools' programme	1,321	4,275	5,596	-
John Horniman's Children's Trust	Schools' programme	519	-	519	-
Barbour Foundation	Hospital music therapy, Newcastle	5,000	-	5,000	-
D'Oyly Carte Charitable Trust	Schools' programme	-	3,000	-	3,000
Sir James Knott Trust	Hospital music therapy, Newcastle	-	5,000	5,000	-
The Feoffees of St Michael's Spurriergate	Schools' programme	-	7,347	1,771	5,576
The Postlethwaite Music Foundation	Individual music therapy sessions	-	2,000	2,000	-
		36,304	61,593	73,055	24,842

## Restricted Funds, 2021 - 2022

Source of funds	Purpose	Balance	Income	Expenditure	Balance
		£	£	£	£
Anonymous donation	Music-making training course	3,200	4,500	5,049	2,651
Anonymous donation	Hospital music therapy	250	-	250	-
Anonymous donation	Hospital music therapy	300	-	-	300
Anonymous donation	Hospital music therapy	3,700	-	-	3,700
Anonymous donation	Schools' programme (Castle Hill)	2,000	-	2,000	-
Anonymous donation	Newsletter mailing	-	519	519	-
Good Gifts Catalogue	Individual music therapy sessions	-	1,043	1,043	-
Leeds Building Society Charitable Trust	Equipment	46	-	12	34
Lynn Foundation	Equipment	119	-	30	89
Morrison Foundation	Hospital music therapy, Newcastle	850	-	850	-
Rotary Club of York Vikings	Music at Hob Moor Oaks, York	500	-	-	500
The HBJ Trust	Music Therapy (York Hospital)	10,000		5,270	4,730
ARN Foundation	Schools' programme	-	8,500	4,268	4,232
Arnold Clark Community Fund	Schools' programme	-	1,000	1,000	-
Joyce Fletcher Charitable Trust	Schools' programme	-	2,000	-	2,000
Shears Foundation	Hospital music therapy, Newcastle	-	5,000	2,734	2,266
Big Give Christmas Challenge (incorporating Victoria Wood and Lake House Foundations)	Schools' programme	-	20,749	11,787	8,962
Youth Music	Schools' programme	-	4,275	2,954	1,321
John Horniman's Children's Turst	Schools' programme	-	3,000	2,481	519
Baily Thomas Charitable Fund	Schools' programme	-	2,000	2,000	-
Barbour Foundation	Hospital music therapy, Newcastle	-	5,000	-	5,000
Martyn Donaldson Music Trust	Individual music therapy sessions	-	500	500	-
		20,965	58,086	42,747	36,304

## 14 Designated funds

To 31 March 2024 unless otherwise stated

	Balance at 1.4.2022	Expenditure	Transfers	Balance at 31.3.2023
	£	£	£	£
Special Schools creative music programme (to 31 July 2024)	109,362	58,178	55,879	107,063
Music-Making for Special Children Courses	9,314	2,748	(4,566)	2,000
Music therapy with individuals	22,181	20,858	17,896	19,219
Music therapy in children's hospices	7,500	-	3,145	10,645
Martin House Children's Hospice research project	2,000	2,000	-	-
Music therapy in children's hospitals	20,318	1,647	-	18,671
	170,675	85,431	72,354	157,598

### Designated Funds, 2021 - 2022

	Balance at 1.4.2021	Expenditure	Transfers	Balance at 31.3.2022
	£	£	£	£
Special Schools creative music programme (to 31 July 2023)	75,000	54,095	88,457	109,362
Music-Making for Special Children Courses	10,345	5,049	4,018	9,314
London Hospitals music project	2,565	3,424	859	-
Music therapy with individuals	16,772	22,400	27,809	22,181
Music therapy in children's hospices	-	-	7,500	7,500
Martin House Children's Hospice research project	4,000	2,000	-	2,000
Music therapy in children's hospitals	36,080	9,104	(6,658)	20,318
	144,762	96,072	121,985	170,675

Transfers from unrestricted, designated funds unless stated otherwise.

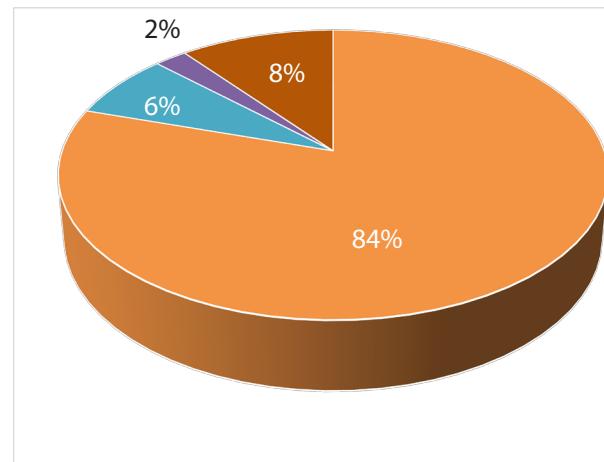
## Legal and administrative information

Constitution	Rules adopted 25 March 1995, amended 15 February 2013 and 30 June 2021
Charity Number	Registered Charity No. 1045731
Patrons	Maxine Peake; Trevor Pinnock CBE
Trustees	Steven Burkeman (Chair); Alan George; Hannah George (Co Vice Chair); Andrew Grace; Nancy Maguire (Co Vice Chair); His Honour John Phillips CBE; Liz Varlow.
Advisers	Jan Berger; Mark Withers
Honorary Treasurer	Sally Brabyn
Founder	Lesley Schatzberger
Executive Director	Rebecca Ellis
Administrator	Karen Kadow
Director of Learning	Britta Koerber
Projects Assistant	Lisa Williams
Address	15 Priory Street, York, YO1 6ET
Telephone	01904 658189
Email	<a href="mailto:info@jessiesfund.org.uk">info@jessiesfund.org.uk</a>
Website	<a href="http://www.jessiesfund.org.uk">www.jessiesfund.org.uk</a>
Bankers	CAF Bank Ltd, Kings Hill, West Malling, Kent, ME19 4TA HSBC Bank plc, 13 Parliament Street, York, YO1 8XS
Independent Examiner	Adrian Rodaway, FCA, BFP, DChA HPH, Chartered Accountants 54 Bootham, York, YO30 7XZ

# Summary of Financial Activities, 2022 - 2023

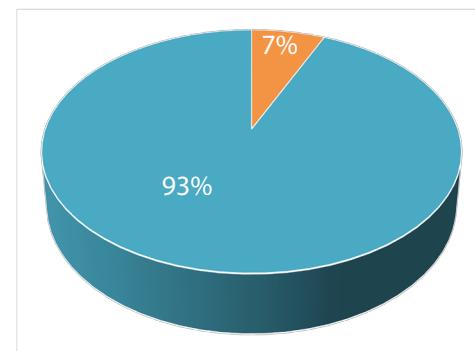
## Income

● Donations and legacies	£214,328
◆ <i>Grants</i>	38%
◆ <i>Donations</i>	50%
◆ <i>Legacies</i>	6%
◆ <i>Gift Aid tax refunds</i>	6%
● Other fundraising activities	£ 13,986
● Income from charitable activities	£ 20,349
● Investment income	£ 4,296
<b>TOTAL</b>	<b>£ 252,959</b>



## Expenditure

● Charitable activities	£289,731
● Raising funds	£20,973
<b>TOTAL</b>	<b>£310,704</b>





Jessie's Fund, 15 Priory Street, York YO1 6ET

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[www.jessiesfund.org.uk](http://www.jessiesfund.org.uk)

Registered charity no. 1045731